

# ***Annual Report***

**FOR THE YEAR**

**2008-09**



**MATA KRISHNAWANTI MEMORIAL  
EDUCATIONAL SOCIETY (REGD)**

Registration No. S/18039

***The following programmes were done by the society in the year  
2008-09***

### **PROMOTION & PROPOGATION OF INDIAN SYSTEM OF MEDICINES &**

**HOMEOPATHY:** Now the time has come when full support must be given to ISM and homeopathy. The MKWME society arranged 5 seminars at RGS, Paschim Vihar on 3rd February, 2008, Mundka village, JJ Cluster, Madipur village and Bakkauwala village on 5th January, 6th February, 7th March and 8th April, 2008 respectively. Doctors from Nehru Homeopathy College, New Delhi participated in the Seminar and discussions were held on the topic of "Relevance of Ayurveda and Homeopathy" in India. The chief Guest on the occasion was a Homeopath expert, Dr. Amarjeet Singh, who is serving humanity in a very wonderful way. MKWME society is ever active in the promotion of the Ayurveda and Homeopathy as alternate medicines and wishes to continue the awareness and education through **regular** workshops with the help of Homeopath and Ayurveda experts to make general masses aware about the alternate medicines which are cheaper and safer.



### **WORKSHOP-CUM-SEMINAR ON INFORMATION TECHNOLOGY:**

The MKWME society gave special assistance packages to promote a self employment provision scheme including subsidy and the requisite workshop was conducted on 14th April, 2008 by eminent ICT expert Mrs. Simmi Kher at RGS, Paschim Vihar, New Delhi. 150 students from JJ Cluster, Mundka and Madipur village including 20 adult women from near by villages attended the special workshop and continued their Computer training at RGS Lab in batches on alternate days. Intel the computer giant, through their office at Delhi supported the effort by training about 50 students free of cost for 1 week. The society intends to provide not only self employment opportunities to educated unemployed but also wishes to establish the much needed I.T. infrastructure in the district for all types of information related to trade, industry, health, education, career counseling, agriculture, as well as e-governance to reach the common people from Urban to Rural citizens.



### **RCH PROGRAMME: -“ REPRODUCTIVE AND CHILD HEALTH PROGRAM**

was organized by the volunteers of the MKWME society at villages surrounding Paschim Vihar, New Delhi including Mundaka, Madipur, JJ Cluster and Bakkauwala village at RGS, Paschim Vihar on 17th March, 2008.

Dr. Krishna Tirath was the Chief Guest on the occasion. Around 300 women including girls above 13 years of age participated in this programme. The importance was given to women using local Govt. hospital facilities where all medicines were given free of cost and proper provision was made for their health check-up by competent doctors. They were made aware of Quacks, who are causing great damage to the health of pregnant and unsuspecting patients/mothers. A free check up counter was organized for giving basic information. Pamphlets were circulated free of cost.

### **ADULT EDUCATION & DEVELOPMENT PROGRAMME:**

Considering very high, level of adult illiteracy, the MKWME society conducted a workshop on Adult Education, with the help of the volunteers of the Society and guest lecturers from Delhi University on 15th May, 2008 at RGS, Paschim Vihar, New Delhi for the adults. Dr.. Rama Patnaik, a senior Educationist and an ex-professor at IP College, Delhi University, delivered the key lecture. Considering the huge success in organizing these programmes, the society has decided to organize the adult education programmes on a regular basis at many more places, including JJ Cluster,



Mundaka, Madipur, Paschimpuri and Bakkauwala villages. The 350 participants benefited greatly from these programs and agreed to encourage others to join these programmes that are aimed at the welfare of the masses.

**COMPUTER TRAINING PROGRAMME:** Considering the continuous growing importance of the computer education and the employment opportunities available in the field of information technology, the society has continued its 3rd year of computer training programme aimed at providing quality computer education to needy and poor youths. New Technology has been added and regular workshops are conducted at least once a month by the RGS faculty at RGS Computer Lab.



**WORKSHOP-CUM-SEMINAR ON CANCER AND AIDS AWARENESS:** It is a fact that our progress in the field of medical science is commendable. However much needs to be done in the field of "AIDS" and Cancer. Although some breakthroughs are coming up, yet the cost and availability of proper, basic medical aid in some villages is still a remote possibility. Workshops on "Prevention is better than Cure" were continued in its 3rd year of operation. A special workshop was conducted on 14th July, 2008 at RGS, Paschim Vihar, New Delhi for people staying around Paschim Vihar, New Delhi. A total of 280 women, men and students attended and benefited from the program. Eminent Doctors from Max Super Specialty and AIIMS were present on the occasion including Dr. Trehan. In the workshop-cum-seminar, films were shown to highlight the value system that was fading away due to peer pressure and vulgar unethical advertisements in TV commercials etc. indiscriminately being put forth by the media. The Participants were made aware of the reasons leading to AIDS and the ways to remain safe from the AIDS. This workshop-cum-seminar was very much appreciated by the participants mainly as the problems faced by such patients were highlighted and people could relate to such patients agony sympathetically as they were also once innocent and led a normal life like them. How society has to accept them and give them opportunities to live a decent life till they are alive. The message came clear from the films that Family and society's support is needed for victims to lead a normal life despite problems. Laws need to be changed. Schools need to take the lead too to adopt, accept such children with open arms. Apart from Aids workshop-cum-seminar, a Cancer Awareness workshop-cum-seminar too was organized by the Society, courtesy CANCEP by Dr Harmala, on 14th August, 2008 at RGS Premises. Experts and Volunteers of the society too went to different blocks of Delhi to raise awareness and distributed free booklets on precautions of Cancer.



**WORKSHOP-CUM-SEMINAR ON WOMEN RIGHTS:** A workshop-cum-seminar on Women Rights was organized on 5th October, 2008 at RGS premises consecutively in the 3rd year of its inception. The workshop-cum-seminar was attended by 200 people including men, women and young school and college students. Dr. Aruna Gupta, from Women's Right commission addressed the gathering and participants felt that such kind of programs must be conducted more frequently. Nearly 350 women including girls and students from areas around Paschim Vihar attended the workshop. They were benefited from the useful information especially when women's awareness about their fundamental rights is



very low. Further, they were informed about various kinds of schemes formed and executed by different Govt. Departments for welfare of the women in education, employment or technical guidance etc.

### **DE-ADDICTION; YOUTH POPULATION FALLS IN TRAP OF DRUGS IN OUR AREA**

MKMES organized one day De-addiction workshop for the youth on 14th November, 2008 at RGS hall. The ill effects of use of drugs were explained by showing films, pictures, case histories, and narrating personal success stories after overcoming the addiction. Printed materials were also distributed to the youth and the program mainly focused on loss of health, Economy, Manpower, Conflict in family, Society etc. 50 youths were benefited and individual counseling was also given during the camp. Doctors from Max Hospital, Dr Parikh and Dr. Vinod explained how media and peer pressure was eroding our value system and how people were getting addicted to a life style that was dangerous without knowing about the harmful effects of Drug and other addictions. The Presentation was very effective.

**WORKSHOP-CUM SEMINAR ON POVERTY ALLEVIATION:** A workshop-cum-seminar on poverty alleviation was organized by the society at Delhi on 14<sup>th</sup> December, 2008 at RGS grounds by inviting NGOs making useful things from waste to share with the villagers and willing students to learn how to turn waste into useful products by recycling. CEE volunteer supported this project and Ms Shweta Dua M Phil. (Waste Management) and a resource person of Ministry of Environment and CEE conducted a very successful workshop on Paper recycling and making compost from Kitchen and Garden waste. Nearly 400 women, students and men benefited from the program.

**WORKSHOP & SEMINAR ON PROMOTION OF EDUCATION & LITERACY PROGRAMME:** MKMES organized a workshop and a seminar on 24th December, 2008 to promote education & literacy programme at Paschimpuri and JJ Cluster on the same day, one workshop in the morning and the other in the evening respectively. Dr. Khanna, an Expert on Waste Management, consultant to the Ministry of Environment and Forests, CEE, Govt. of India was the chief Guest. The main motto of the society to organize these programmes is to promote awareness about the need for education among villagers and women, so that they are not exploited by anyone and know about their rights and duties. Around 150 villagers and women took part in this programme. Information booklets with details were distributed free of cost.



**INCOME GENERATING TRAINING PROGRAMME:** Keeping in mind the objectives of removal of poverty by reducing the problem of unemployment, MKWMES continued its effort with more vigor in its 3rd year of operation in this area and conducted income generating workshops at different levels in Paschimpuri, JJ Cluster and Mundaka village on 1st January, 2009, 3rd February, 2009 and 5th March, 2009 respectively... sharing with them the importance of RECYCLING and SEGREGATION of waste in an organized way to get



value from waste. TERI-TETRAPAK's SEARCH project was introduced to them through volunteers. Mr. Khan who is helping collect waste material direct from schools for taking directly to recycling Company was present and shared his expertise in waste management and mobilizing the helpers to keep the environment safe and friendly. 500 persons including young and old people benefited from this program. MKWMES is instrumental in taking various concrete steps in the direction of removal of poverty from society by conducting such workshops on demand.

FOR & ON BEHALF OF THE MANAGING COMMITTEE

(Secretary)